

BTS/ARTP/BSS SLEEP COURSE

18th, 19th & 20th March 2007

The Beeches Conference Centre, Bourneville, Birmingham

This course is designed to introduce existing health care workers to the area of sleep medicine and sleep apnoea. It includes sessions on normal sleep, sleep disorders, sleep apnoea, CPAP, methods of assessment and investigation. It will provide background information across a broad base, as well as more specific 'how to do it' type presentations.

Primarily designed for qualified health care staff wanting to move into the area of sleep medicine, particularly the provision of sleep apnoea services. It should therefore be useful, for example, to respiratory physiology technicians involved in sleep services, nurses involved in running CPAP services etc. However, specialist registrars in respiratory medicine will find the course entirely appropriate for acquiring the background information they will require as a respiratory consultant seeing potential sleep apnoea patients. Similarly, respiratory consultants, newly responsible for running sleep services will find this course appropriate and useful.

Maximum Numbers: 25

Fees: £350 for BTS/ARTP/BSS members, £450 for non-members

Day 1	18th March	15.10 - 16.00	Mechanical treatment (A) <i>Debby Nicholl & Debbie Smith</i>
15.30 - 16.00	Registration & afternoon tea	16.00 - 16.20	Tea
16.00 - 17.15	Normal Sleep <i>John Stradling</i>	16.20 - 17.30	Mechanical treatment (B) <i>Debby Nicholl & Debbie Smith</i>
17.15 - 18.15	Supper	17.30 - 18.10	CPAP Practical <i>Debby Nicholl & Debbie Smith</i>
18.15 - 19.30	Pathophysiology <i>John Stradling</i>	18.10 - 18.50	Introduction to NIV <i>Debby Nicholl & Debbie Smith</i>
19.30	Close	18.50 - 19.10	NIV Practical <i>Debby Nicholl & Debbie Smith</i>
Day 2	19th March	19.10	Supper
08.30 - 09.15	Subjective screening <i>Anwen Evans & Simone de Lacy</i>	Day 3	20th March
09.15 - 10.15	OSAHS (A) <i>John Stradling</i>	09.00 - 09.50	Non-mechanical treatment <i>Simone de Lacy</i>
10.15 - 10.40	Coffee	09.50 - 11.30	Actigraphy <i>Simone de Lacy</i>
10.40 - 11.40	Oximetry <i>Anwen Evans</i>	11.30 - 12.00	Coffee
11.40 - 12.40	Multichannel <i>Brendan Cooper</i>	12.00 - 13.15	Polysomnography <i>Simone de Lacy</i>
12.40 - 13.40	Lunch	13.15 - 14.00	Daytime assessments <i>Anwen Evans & Simone de Lacy</i>
13.40 - 14.10	Multichannel Practical <i>Brendan Cooper</i>	14.00 - 15.00	Summary & Questions
14.10 - 15.10	OSAHS (B) <i>John Stradling</i>	15.00	Close

